

**TIOGA COUNTY COMMUNITY SERVICES BOARD
MENTAL HEALTH SUBCOMMITTEE**

January 3rd, 2025

9:15 a.m.

Hybrid

- **Review and approve December 2024 meeting minutes**

- **Director's Report**

- **Other Business**

- **Conferences/Workshops**

Next regular meeting: Friday, February 7th, 2025

TIOGA COUNTY DEPARTMENT OF MENTAL HYGIENE

**MH SUBCOMMITTEE MEETING
OF THE TIOGA COUNTY COMMUNITY SERVICES BOARD**

Pending Approval

**Subcommittee meeting date: December 6th, 2024
Via Hybrid**

Member Attendance: John Bezirgianian, MD
Fran Bialy
Sue Medina
Donna Corbin
Tina Lounsbury

Guest Attendance: Nadia Constant

Mental Hygiene Staff Attendance: Sarah Begeal, Deputy Director of Community Services
Cathy Healy, Clinical Program Director
Angel Deyo-Cruz, Corporate Compliance Officer
Sue Graves (minutes)

Category: Minutes for October – Approved as written

Topic: Director’s Report – Sarah Begeal for Lori Morgan

Discussion: Updates:

- Waverly Site
 - Ribbon Cutting Event held 12/4/24
 - Several news stations present
 - Opening 12/9/24 for Tioga County clients
 - Staff moving 12/5 & 12/5/24
 - Intakes will remain in Owego with Open Access
 - Central scheduling in Owego
 - Clients who wish to will be seen in Waverly
 - All calls will go through the Owego office
 - Looking for additional staff
- OASAS Licensure for Waverly
 - ADS on hold until license received
 - Expected in the next couple of weeks
- Staff
 - Karli Smith hired for Spencer Van Etten Middle School replacing Jeffrey Caris

- Start date: 1/27/25
- Looking for Mobile Crisis Peer and Social Worker
 - Interviews taking place

Status: Informational – Complete

Topic: Clinical Program Director – Cathy Healy

Discussion: Updates:

- All-staff training next week
 - Rainbow Room – LGBTQ+
 - How to engage with transgender issues
- Steady flow of clients requesting to transfer back to the Waverly clinic
- Census
 - ADS census going up steadily
 - More than in previous years
- Looking for more staff
 - LCSW, LMSW, LMHC, CASAC,
 - Interviewing for the MH Peer position

Status: Informational – Complete

Topic: Public Health – Sue Medina

Discussion: Updates:

- Credible Minds
 - Public Health & Mental Health combines website
 - Multiple local resource site
 - Includes articles
 - Mini assessments
 - Will be linked to the county site
 - Waiting to sign contract
 - Sue will share Seneca County’s website for all to view
 - Article in the Pennysaver regarding program
 - More information to come
- ASAP Coalition Update:
 - Emerging trends to be shared at December meeting
 - Environmental Scans study to be shared
- Health Department Update:

- Promoting 988 Hotline

Status: Informational - Complete

Topic: Tioga County Suicide Prevention Coalition – Fran Bialy

Discussion: **Updates:**

- Katie Wait is the new Chair of the coalition
- Three workgroups developed
 - Prevention, Intervention & Postvention
- Protocols are being developed
- Co-chair Brett Bright obtained a grant to fund LOST team resources
 - Potentially have on call people to meet families where they are after a loss
- Public Health is receiving a grant to help the coalition with tech assistance for staff to learn how to manage the coalition

Status: Informational – Complete

Topic: Hea Hea – Nadia Constant

Discussion: **Updates:**

- Received a \$50,000 grant from Tioga Downs
- Still recruiting an additional LCSW
- Interviewing another Nutritionist next week
- Partnered with Live Well for site education for young clients
 - Dedicated teacher
- Preparing for OMH's site visit
- Several clients are waiting for the facility to

Status: Informational - Complete

Topic: Other Discussion

Discussion: Meeting time discussed. All agreed to 9:15am for January's meeting

Status: Informational – Complete

Adjournment: The meeting was adjourned at 9:39am. The next meeting is scheduled for Friday, January 3rd, 2025, at 9:15am.