

TIOGA COUNTY DEPARTMENT OF MENTAL HYGIENE

COMMUNITY SERVICES BOARD

Approved

January 20th, 2022

Via Hybrid

Member John Bezirganian, MD

Attendance: Fran Bialy
Christine Schweitzer
Carolyn Galatzan
Bob Williams
William Standinger, III
Denise Brown
Shawn Nalepa
Larissa Pierce
Tina Lounsbury

Guests:

Mental Hygiene Attendance: Lori Morgan, Director of Community Services
Sue Graves, Secretary to the Director of Community Services (minutes)

Meeting called to order at 9:33am

Category: Meeting Minutes

Topic: Review of minutes from November 2021

Discussion: Approved with changes

Topic: Director's Report – Lori Morgan

Discussion: Lori provided the following updates:

- Annual State Plan
 - Delayed until July
 - Change in format
 - Members asked to review goals and objectives from 2022 Plan
- OMH Workforce Funding
 - \$38,000 received
 - Majority will go for staff training
- OASAS Workforce Funding
 - Expecting \$ 13,000
 - Earmarked for staff training
- Medical Assisted Treatment (MAT)
 - \$41,000 additional dollars received for Medical Assisted Treatment in the Jail
 - Meeting to discuss program scheduled for 1/27/22

- The proposed date to start the program has been moved to October
- Lori has a call with Ann Domingos (Trinity) at 10:30 today regarding a proposal to provide services in the Jail.
 - A lot of prevention funding has not been spent to date
 - OASAS is allowing the county to roll the unspent funding over into 2022.
 - The \$41,000 is in addition to the current funding
- State Budget
 - No major impact except for the additional funding for Mental Hygiene programs
 - How the additional funding can be spent is unclear to date
 - Lori is looking at sustainable funding opportunities
- Position Upgrade
 - Upgrading a Social Worker position to Sr. Social Worker
 - One or two interviews have been set up for the open position
 - No internal inquiries thus far
- Budget
 - Finishing strong
 - Approximately \$400,000 being returned to the County

Status: Informational – Complete

Topic: Chair Report – Dr. Bezirgianian

- Discussion: Review of Incident Trend Report
- 5 years of trends reviewed
 - Starting in April 2020, suicide attempts trended upward to 15-17 per year
 - Suicidality is up nationwide
 - Seeing an explosion of need with teenagers and young adults regarding suicide attempts
 - A lot of distress flairs
 - COVID has had an impact on these numbers
 - The rest of the incidents seem pretty consistent
 - Client deaths were from natural causes
 - The board would like to see an age range for the past 5 years for the meeting in February

Status: Informational Complete

Topic: Other Business

- Discussion: Sheriff's Department – Shawn Nalepa
- Overdoses
 - The first half of 2020 had an uptick with 20 overdoses.
 - Second half of 2020 had 27 overdoses
 - Non-opioid was 7 for the first half of 2020 and 28 for the second half
 - Non-opioid overdoses for 2021 – 2 at the beginning of the year and ended with 20
 - Opioid Overdoses: 2020 – 47 2021 – 55
 - June-August reflected 5 OD's in 2020 and 18 in 2021
 - OD Maps – 1 Narcan save in the beginning of 2022

- By next year OD Maps will have detailed statistics (type, age, times)
- Currently seeing a lot of od's between 6:00pm – 9:00pm
- Ages averaging between mid to late 20's, early 30's
- Seeing a lot of Meth with Fentanyl
- Large dent was made in Meth operations in early 2021 but it appears to be picking back up again.
- Bob Williams confirmed of the 39 deaths he handled in 2021, 5 were overdose deaths and 5 were suicide deaths. These numbers are higher than in previous years.

Status: Informational - Complete

Topic: Chair Report – Dr. Bezirgianian

- Subcommittee Highlights
 - MH Subcommittee
 - Helen Batisti will be writing an article on eating disorders for the Pennysaver.

Status: Informational - Complete

Topic: New Business

Discussion: Nominating Committee

- Current Officers:
 - Chair – Dr. Bezirgianian
 - Co-Chair – Denise Brown
 - Secretary – Christine Schweitzer
- New Nominating Committee
 - Tina Lounsbury
 - Carolyn Galatza
- Nominations to be held in the February meeting

Carolyn requested Lori bring the results of the latest Client Satisfaction Surveys to the meeting in February.

Status: Informational - Complete

Adjournment: The meeting adjourned at 10:21am. The next meeting is scheduled for Thursday, February 17th, 2022 at 9:30am.

